

**Module 1 Leisure and lifestyle**

**1 Put the letters in the correct order to make different leisure activities.**

- |                 |        |                        |                   |
|-----------------|--------|------------------------|-------------------|
| 1 binubclg      | c_____ | 6 osnardiowbng         | s_____            |
| 2 broladillerng | r_____ | 7 miwimsng             | s_____            |
| 3 oyga          | y_____ | 8 alfotbol             | f_____            |
| 4 ngkisi        | s_____ | 9 finsrug the netlernt | s_____ the l_____ |
| 5 sbokadintearg | s_____ | 10 aiplyng the uitgar  | p_____ the g_____ |

**2 Put the activities in order of preference, 1 being the activity you like doing the most, 10 the one you like doing least. Compare your order with your partner's order.**

**3 Here are some sentences about the leisure activities from Module 1. What are the questions?**

**Korfball** \_\_\_\_\_?

The game began in the Netherlands about 100 years ago.

\_\_\_\_\_?

There are eight players on each team.

\_\_\_\_\_?

Games last for sixty minutes.

**Tai Chi** \_\_\_\_\_?

Tai Chi is different from most forms of exercise because it is very gentle.

\_\_\_\_\_?

The advantage of Tai Chi is that you can do it anywhere, anytime.

\_\_\_\_\_?

People do Tai Chi in parks.

**Gaming for fitness** \_\_\_\_\_?

The only part of your body that moves is your thumb.

\_\_\_\_\_?

The brand-new game from Japan is called Dance Dance Revolution.

**Teacher's notes:****Module 1 Leisure and lifestyle**

This worksheet is designed for use after completion of pages 6–11.

**1**

- 1 clubbing
- 2 rollerblading
- 3 yoga
- 4 skiing
- 5 skateboarding
- 6 snowboarding
- 7 swimming
- 8 football
- 9 surfing the internet
- 10 playing the guitar

- 2 Students can compare their order with their partner's order and justify their choices.**
- 3 Ask students to think back to the information in module 1 about the three ways of keeping fit. They should work out what the questions are based on the answers given. Ask students to compare with a partner, before you get brief class feedback.**

**Korfball****When and where did the game begin?**

The game began in the Netherlands about 100 years ago.

**How many players are there on each team?**

There are eight players on each team.

**How long do games last?**

Games last for sixty minutes.

**Tai Chi****Why is Tai Chi different from most forms of exercise?**

Tai Chi is different from most forms of exercise because it is very gentle.

**What is the advantage of Tai Chi?**

The advantage of Tai Chi is that you can do it anywhere, anytime.

**Where do people do Tai Chi in China?**

People do Tai Chi in parks.

**Gaming for fitness****What part of your body moves with normal video games?**

The only part of your body that moves is your thumb.

**What is the brand-new game from Japan called?**

The brand-new game from Japan is called Dance Dance Revolution.